

## TRAINING SCHOOL NOTES.



OF the 441 graduates from the Toronto General Hospital School for Nurses, 249 are actively engaged in nursing, 141 are married, 8 are missionaries, and 20 have died.

THE Passavant Memorial held graduating exercises on November 15th. The names of the nine nurses receiving diplomas were: Nettie Ellen Duebel, Cambridge City, Indiana; Anna Jane Zeigler, Freeport, Illinois; Margaret Bidingier, Rockford, Illinois; Maude Essig, Elkhart, Indiana; Martha Anne Wallace, Belfast, Ireland; Mary Edna Kennedy, Brookston, Indiana; Laura Grosstueck, Manitowoc, Wisconsin; Clara Belle Walker, Ilderton, Ontario; Charity Adelaide Moore, Canton, Illinois.

HOPE HOSPITAL, Fort Wayne, Ind., held graduating exercises on October 26, when the following nurses were given their diplomas: Miss Annabel McCallum, St. Thomas, Ont.; Miss Mabel P. Sanders, Sarnia, Ont.; Miss Helen Palmer, Wallaceburg, Ont.; Miss Irene Byron, Pittsburg, Pa.; Miss Mabel A. Files, Fort Wayne, Ind.; Miss Eva B. Glasgow, St. Thomas, Ont.; Miss Corris L. Hammond, Prattville, Mich.; Miss Katherine B. Hartman, Fort Wayne, Ind.; Miss Lydia E. Kreutziger, Elkton, Mich.; Miss Dessie E. Kelsey, Zanesville, Ind.

IN view of the great demand for nurses trained in the care of chronic medical cases, and the rapidly increasing need for those trained in nursing tuberculosis and cancer, the managers of the House of the Good Samaritan, Boston, Massachusetts, have decided to give a Post-graduate Course in these diseases, as well as in Orthopedic Surgery and Nursing.

The hospital is a new building, opened July, 1905, modern in every way, and perfectly equipped. In the near future a Hydrotherapy room will be opened, thus adding another important branch to a Post-graduate Course.

Information in detail may be had from the Superintendent, Miss Louise M. Coleman, House of the Good Samaritan, corner Francis and Binney Streets, Boston, Massachusetts.

THE graduating exercises of the Class of 1906 of the Lutheran Hospital Training School for Nurses, St. Louis, Mo., were held in the Aula of the Concordia Seminary Thursday evening, October 25. A good programme was rendered of both vocal and instrumental music, and two addresses, one in English and one in German. The entertainment was concluded by the presentation of diplomas to the following: Miss Emma Martens, Alma, Mo.; Miss Leonora Habighorst, St. Louis, Mo.; Miss Louise Roth, Frohna, Mo.; Miss Emma Wiegner, St. Ansgar, Iowa; Miss Hedwig Mueller, Dalton, Ill.; Miss Anna Manuel, Lincoln, Kans.; Miss Emma Ponko, Ludington, Mich.; Miss Charlotte Schweim, Atchison, Kans.; Miss Emilie Schmidt, St. Louis, Mo.; Miss Martha Hauser, St. Louis, Mo.; Miss Anna Erickson, Kansas City, Mo.; Miss Emma Cook, Cape Girardeau, Mo.; Miss Frieda Laudsky, Brodhagen, Kans.; Miss Bertha Wohlers, Manning, Iowa; Miss

Rosina Stuenkel, Chicago, Ill.; Miss Marie Borthel, St. Louis, Mo.; Miss Emma Ohlendorf, Ocheyeden, Iowa; Miss Anna Struckmeyer, St. Louis, Mo.; Miss Paulina Hollrah, St. Charles, Mo.; Miss Marie Gast, St. Louis, Mo.

The evening following, the graduating class was entertained with a banquet by the alumnae of Lutheran Hospital Nurses of St. Louis at the commodious residence of Dr. E. H. Kessler, No. 3446 Shenandoah Avenue. The house was artistically decorated with the class flower, the chrysanthemum, and ferns, while a panel on the wall in turquoise blue and gold, the class colors, bore a Maltese cross, the class pin, with the inscription of the class motto: "Go forth with patience, trust, and hope." Dr. Kessler made the opening address, in which he impressed on the nurses that the great essential quality was cheerfulness. Miss Brockman, president of the alumnae, cordially invited the graduates to join the association. Toasts cheerful and sober were exchanged. Miss Wiegner acted as class historian, Miss Schmidt poetess, Miss Manuel prophetess, Miss Wohlers valedictorian. The Misses Rollman assisted by rendering a dialogue, and Mrs. Kessler, our worthy hostess, gave us selections on the piano. The guests were conveyed from and to the training school in the special car "Sans Souci."

#### NORTH CAROLINA EXAMINATION QUESTIONS

THE questions used by the North Carolina Board of Examiners of Nurses at the May, 1906, examination, are given below. The papers on Anatomy, Physiology, and Surgical Nursing were prepared by the medical members of the board; the other papers by the nurse members of the board.

##### PRACTICAL NURSING AND HOUSEHOLD HYGIENE

1. Give a definition of a contagious disease; of an infectious disease.
2. What precaution should a nurse observe when caring for patients suffering from communicable diseases?
3. Describe a *model* sick-room—location, furniture, ventilation, and care necessary.
4. How do you give a cold sponge bath to reduce temperature?
5. Give formula for good nutritive enema.
6. How do you prepare normal salt solution?
7. Describe a baby's first bath.
8. How would you prepare your patient for anæsthesia? Name half a dozen things that the nurse must always have ready for an operation in a private house.
9. What is the normal rate of pulse and respiration?
10. How do you arrange for a croup kettle, and what must the nurse look out for?

##### INVALID COOKERY

1. Define food.
2. From what source do we obtain proteids, salts, and fats?
3. Why is a mixed diet advisable?
4. What articles of food would you exclude from the diet of an invalid? Why?

5. What is the source of starch?
  - (a). Give test for starch.
  - (b). Name the starch digesting enzymes, and tell where found.
  - (c). Name six or more starchy foods.
  - (d). What general rule should be observed in the cooking and eating of starchy foods?
  - (e). What part do starchy foods supply in the human system?
6. Tell how you would cook oatmeal, grits, and cornmeal gruel.
7. What is the best method of cooking white potatoes?
8. Give a recipe for a light and easily digested corn muffin.
  - (a). Do you consider griddle cakes wholesome? Give reasons.
9. Name four easily digested albuminoids, not including eggs and chicken.
  - (a). Give best method of cooking each.
10. What are sweetbreads?
  - (a). What care should be used in selecting and keeping them? How cook?
  - (b). What part do albuminoids supply in the system?
11. Name the easily digested vegetables, and tell how you would cook them.
  - (a). Of what use are vegetables in the system?
12. Are fats essential to a perfect diet? Why are lard, tallow, etc., unwholesome?
13. Why are fruits beneficial? Name the easily digested ones.
14. Does the addition of sugar to fruits increase their digestibility?
15. What are the chief ingredients in fruits?

#### MEDICAL NURSING

1. What is sometimes one of the serious complications of measles? What can the nurse do to guard against this danger? What lasting injury is often caused by measles, and how can the nurse make this less liable to occur?
2. What is the seat of disease in dysentery? Name some of the symptoms. What precaution should the nurse take to render this disease less dangerous?
3. What is a tincture? A spirit?
4. Give some of the toxic symptoms of strychnia. Of arsenic.
5. Give the table of apothecary's measures.

#### OBSTETRICAL NURSING

1. What is the second stage of labor?
2. If left to you to dress the baby's cord for the first time, how would you do it?
3. In case of post-partum hemorrhage, the doctor being absent, what is the essential thing for the nurse to do?
4. Tell how you would prepare a patient for labor.
5. How do you distinguish true labor pains from the false?

#### SURGICAL NURSING

1. Describe the preparation of catgut by the cumol method.
2. Are there any diseases you would not go directly from to a major operation? If so, why? Name them.

3. How would you make plaster of paris bandages and plaster of paris paste?
4. Name the most common infectious bacteria, and where are they to be found?
5. Give formula of one good nutrient enema, and the proper amount to give.
6. Give formulæ of three best evacuating enemas, and the proper amount to give.
7. What is the best diet and drink for a patient who is badly nauseated during first forty-eight hours after an operation?
8. Describe the proper method of sterilizing and putting on rubber gloves.
9. Describe the preparation of the bed for the reception of a patient who has just been operated on.
10. What is the Trendelenburg position, and what is its purpose?

#### ANATOMY AND PHYSIOLOGY

1. Difference between a secretion and an excretion?
2. What digestive ferment found in the saliva?
  - (a). What furnishes this ferment?
3. Function of the pancreas?
  - (a). What part in the digestive process does the bile take?
4. Describe physical characters of the blood?
5. Describe blood coagulation.
6. Describe red cells and white cells.
  - (a). Proportion of red and white cells.
7. Physical properties of urine?
  - (a). Normal reaction?
  - (b). To what is normal reaction due?
  - (c). Amount passed in twenty-four hours?
8. What is Broca's center in the brain?
  - (a). Define aphasia?
9. Define incoördination.
  - (a). What part of the cerebrospinal system controls this?
10. What is the function of the liver?
  - (a). Describe digestion of fats?
  - (b). What foods are digested in intestinal tract?